



# EDENVALE HIGH SCHOOL

FROM GOOD TO GREAT

Issue No. 13 ~ 25 August 2023

## NEWSLETTER

### Competitive Sports

#### The benefits of competitive sports for adolescents:

- Improved social skills.
- Physical development.
- Builds confidence & self esteem.
- Team work.
- Problem solving skills.
- Reduces levels of stress.
- Improved academic performance.
- Encourages weekly commitments.
- Helps to overcome disappointments.
- Teaches how to win humbly.

#### The downsides to competitive sports for adolescents:

- Injury
- Time-consuming
- Exhausting
- Cheating
- Unfairness

There are downsides to benefits, just as there are glimmers to triggers. Glimmers are the ability to laugh and feel light-heartedness, joyfulness, motivation, and feelings of belonging, acceptance, safety and peace. To feel glimmers, you have to be fully present. The benefits outweigh the downsides, and we should all strive to look after ourselves, physically, spiritually and emotionally.

Ms J Toerien

HOD Sport

### Important dates

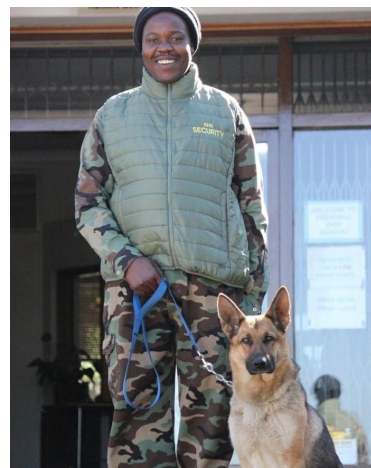


- Thurs 31 Aug Block tests begin
- Fri 8 Sept Block tests end
- Fri 29 Sept Afrikaans Paper 3 final exam  
Grades 10 – 11.
- Fri 29 Sept Afrikaans Test Grade 8 – 9

**Note that if a learner is absent for assessments, a doctor's note must be produced - otherwise zero will be given.**

It is with great sadness that we bid farewell to Wendy. Wendy was a valued and beloved member of our staff and a loyal partner to Velley.

Wendy, no matter where life takes us, your paw prints will forever remain in our hearts as well as the Edenvale High School family. Edenvale High School is not quite complete without you. Your presence will forever be missed. Fly high!



**We are a cashless school!**  
Please use Karri for all school payments



# SPORTS AND CULTURAL RESULTS

## Soccer Girls

- U16 vs Jeppe Girls lost 1 - 4
- U17 vs McAuley House lost 1 - 2
- 1sts vs Jeppe Girls drew 3 - 3

## Soccer Boys

### vs Benoni

- U14 won 3 - 0
- U15 lost 5 - 2
- U16 drew 1 - 1
- 2nds lost 0 - 3
- 1sts drew 2 - 2



### vs King David

- U14 drew 0 - 0
- U15 drew 1 - 1
- U16 won 11 - 1
- 1sts won 6 - 0



### vs Parktown

- U14 lost 0 - 4
- U15 drew 1 - 1
- U16 lost 0 - 2
- 1sts won 2 - 1



On behalf of Olympia Football Club, we would like to acknowledge and congratulate the following boys on their selection to the Eastern Local Football Association (ELFA) U17 District team

- Luc Bertillon
- Diego Mansour
- Botch Maake

## Rugby XV team

XV rugby team ended 1st in their leg and were runners up in their league, where they played against HTS Carel De Wet in the finals. Although they lost in their league finals, they progressed to the VALKE BEELD TROFEE where they played Witbank High School in the quarter-finals and won but unfortunately lost in the semi-finals to Allen Glen High School. Congratulations to the following boys on their half colours, and to the whole team for achieving a 80% win rate in the season:

- Ethan Magnussen
- Tumisho Matabane
- Moses Moyo

## UN Debating:

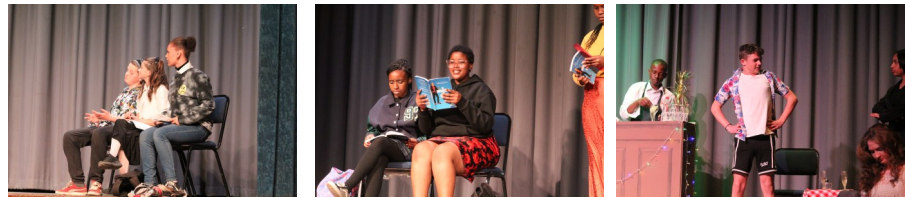
Second best delegation:

- Jonathan Gatter
- Divashka Moodley
- Gabrielle Greaves

Best Speaker: Thomas Hyslop

### Junior House Plays:

- 1st Eagle
- 2nd Harrier
- 3rd Kestrel
- 4th Falcon



- |                         |                  |
|-------------------------|------------------|
| Best Actor              | Ethan Payne      |
| Best Actress            | Calista Panaino  |
| Best Supporting Actor   | Kyle Pope        |
| Best Supporting Actress | Oarabile Molekwa |
| Best Cameo              | Tyla Sevitz      |



### Athletics Interhigh:

#### A team (B League)

- 1st Bryanston
- 2nd Edenglen
- 3rd Edenvale
- 4th Krugersdorp

#### B team (E League)

- 1st Edenglen B
- 2nd Glenvista
- 3rd Greenside
- 4th Edenvale B

### Congratulations to the following athletes who qualified for Prestige:

D Mostert-Wright 100m & 200m, T Kanu 100m & 200m, J Matthews 100m & 200m, C Bennett 100m & 200m, H Lategan 100m & 200m, D Ngoy 100m, J Brauns 100m, J Emenike 100m, L Fall 100m, A Mazibuko 100m, V Infanti 200m, B Rabe 200m, T Musariri 400m, T Baas 800m, B Ukaegbu 1500m, L Khumalo 1500m, M Norman 800m & 1500m, O Molekwa 1500m, M Botuly 400m, L van Graan 400m, M Nkabinde 400m, T Moeketsi 400m, U14 boys relay, U15 Boys relay & Open Boys relay.



## Accolades Term 2 2023

### Grade 12 - 60 Accolades

Buhle Radu	12A
Seth Turner	12A
Ciara Hoffman	12B
Hannah De Witt	12D
Caitlin Norie	12D
Diego Ferreira	12E
Mathuma Maahlo	12E
Aiden Mardon	12E
Olwethu Sali	12E
Kyle Stephens	12F
Gabriel Corga	12G
Tayla Du Plessis	12G
Eva Hsu	12G
Madikubu Matheba	12G
Casey-lee De Vries	12H

### Grade 12 - 100 Accolades

Sarah Terblanche	12B
Skye Nel	12C
Sarah Chetty	12D
Caitlin Sanders	12D
Gregory Usher	12G
Ath'Enkosi Yekani	12G
Nathan Owens	12H
Ethan Magnussen	12H
Jordan Karle	12I
Melissa Strydom	12I
Ashley Van Zyl	12I

### Grade 11 - 60 Accolades

Trevlyn Naidoo	11B
Bulelwa Gqoba	11C
Cheyenne Coombs	11D
Alina Williams	11D
Leah Bosch	11E
Sabelo Mabuza	11E
Chatney Wisky	11F
Kendall Lynch	11H
Diego Mansour	11J
Gcobisa Mbongwe	11J
Wenzile Nsuntsha	11J

### Grade 11 - 100 Accolades

Jordyn Dos Reis	11A
Gabriella Fidueiredo	11A
Kiara Milton	11A
Ryan Harris	11B
Kelvin De Jesus	11C
Alexis Stemmet	11C
Claudia Scolaro	11D
Ashleigh Olwage	11E
Sohan Harilal	11F
Anotida Kamungozi	11F
Lisberth Thobejane	11F
Zinhle Mahlangu	11G
Divaksha Moodley	11H
Christopher Temlett	11H
Jade Olwage	11I



Grade 10 - 60 Accolades

Josta Maredi	10B
Rethabile Monama	10B
Kyra Naicker	10B
Kimaya Govender	10D
Swade Levy	10D
Tandwa Ndukuya	10F
Daniella Atkins	10E
Shih-hsun Kung	10E
Udaya Singh	10F
Anita De Gouveia	10G
Neve Jamieson	10I
Ashleigh Loewke	10I
Ashley Mohale	10J
Caitlin Wainwright	10J

Grade 10 - 100 Accolades

Lethabo Phoko	10A
Bongiwe Kebeni	10D
Kyle Pope	10D
Precious Walunda	10D
Elise Naidoo	10E
Ntando Ncube	10E
Tumelo Ntshangase	10E
Caitlin Kerr	10F
Daniella Nicholson	10F
Jayden Lau	10H

Grade 9 - 60 Accolades

Tatiana Albano	9A
Kendra Visser	9A
Skyla Nel	9C
Sienna Singh	9C
Munzhedzi Ndou	9D
Isabel Moodley	9F
Dohyeon Pyeon	9J

Grade 9 - 100 Accolades

Rafael De Oliveira	9D
Chanel D'Arcy	9I

Grade 8 - 60 Accolades

Liam Botha	8A
Christian Chinyanga	8A
Ruth Langley	8A





## Term 3 RCL drive Wool collection

Any wool or scraps of wool (double knit) can be used to assist the EHS crochet club in making blankets, squares and beanies for premature babies.

Donations can be given to the RCL members of each class and the RCLs will hand in the donations to Ms Wilson.

Any members of the community that would like to make donations, they can be dropped off at the front office.

### PLEASE SUPPORT THIS WORTHY CAUSE

#### ATTENTION PARENTS

One of the school's projects is to feed the sterilised feral cats that live on the school property. We would appreciate any donations of tinned or dry food. Donations may be handed in at the front office. All contributions are gratefully accepted.





## Classifieds

**\*\*The school accepts outside advertisements. We are unable to take responsibility for the nature of the services offered.**



## **MATHS TUITION**

Maths Core offered for **Grades 8,9,10,11 & 12**

COST: **R350** for 2 hours

Lessons on Saturdays and Sundays

Qualifications: BA (Honours), UHDE (University Higher Diploma in Education)

Over 20 years experience

Sue: 074 180 2097 / [sue@confidentteens.co.za](mailto:sue@confidentteens.co.za)

**Gel nails from R100**

**Contact Chloe**

**062 205 7137**



***Dr Lionel Milstein***  
**ORTHODONTIST**

BDS MSc (Dent) MDent (Orth) (Wits)  
PDD (Int. Orth) (Stel)

### ORTHODONTIST

**Dr Lionel Milstein**  
**BDS MScDENT ORTHODONTICS (WITS)**

**Adult and Adolescent Braces**  
**Porcelain / Clear Braces available**  
**Discovery Medical Aid rates charged.**

**011 454 6264 / 0834009542**



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SACSSP Pr No. 1037477  
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Edenvale High School  
 Linksfield Ave, Edenvale

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