



EDENVALE HIGH SCHOOL

Issue No. 6 ~ 17 April 2026

NEWSLETTER

Welcome back!

We hope the Easter break provided a well-deserved period of rest and that you feel energised for what promises to be a busy term ahead. I want to lean on my scientific background to draw inspiration on how to tackle the term ahead:

Science is rarely a straight line. It's a series of loops - hypothesize, test, fail, and refine. I want to encourage all our students to embrace the experimental mind-set this term. Don't be afraid of an unexpected result in a practical or SBA; some of the greatest discoveries in history (like penicillin or the microwave) came from "mistakes".

We cannot define ourselves by one bad test, or one low mark, or even multiple disappointments. Our strength lies in our ability to get back up, dust ourselves off, and try again with the knowledge we have gained from our mistakes.

A school's main focus is academics – that is our purpose, however not everyone's strengths lie in this area. So I want to encourage learners (and teachers) to draw on their external strengths and look at the lessons we can take from that to bolster the areas where we have weaknesses. If you are a dedicated sportsman – you know perseverance. If you have put in many hours at the gym to build muscle – you know patience. If you are an avid drama club member – you know the value of repetition until something sticks in your mind. Let us use the skills we find easy in other areas of our lives and apply them to the parts we struggle with. While excellence is our goal in all aspects of our school life, I also want to stress the value of down time. Life is all about balance – we need to make sure we have time to get good quality sleep, nourish our bodies with healthy food, invest in our relationships with family and friends and also do things that are fun and bring us joy!

My hope for this term is for us to be able to say that we worked hard, we made progress and we feel happy in ourselves – in all aspects.

Wishing everybody the best of luck for the term!

Mrs J. Drake
HOD: Physical Science



Important dates



Tuesday 21 April: Impromptu speeches 17:00

Wednesday 22 April: Term 1 photographs. Learners may not wear tracksuits or matric jackets for the photographs.

Monday 27 April: Freedom Day

Friday 1 May: Workers' day

Monday 4 May: Winter uniform to be worn.

Wednesday 6 May: Blood donation 14:30

Friday 8 May: GRADS performance at EHS

Friday 29 May: Afrikaans Test Grade 8 – 12. This is compulsory for all pupils.

Learners who do not write will receive zero - unless a doctor's note is produced.

HELP US TURN BOTTLE TOPS INTO WHEELCHAIRS!

OUR SCHOOL IS COLLECTING
PLASTIC BOTTLE TOPS
IN SUPPORT OF
TOPS AND TAGS

All proceeds go toward
providing **WHEELCHAIRS**
FOR THOSE IN NEED.

HOW TO HELP:

- Drop them off at the **FRONT OFFICE**, or
- Hand them to **MRS SWANEPOEL IN A1-12.**



Every lid counts – let's make
a difference together!



ATTENTION PARENTS

One of the school's projects is to feed the sterilised feral cats that live on the school property. We would appreciate any donations of tinned or dry food.

Donations may be handed in at the front office. All contributions are gratefully accepted.



The Blues Bulletin

The Blues have not let up! The weeks surrounding the April break have been a whirlwind of activity, from intense league fixtures and "Derby Days" to successful holiday tours. Here is a look at how our teams have performed:

Rugby: Kings of the Vale

It's official: Edenvale High School are the Kings of the Vale for 2026! In the long-awaited restart of the local rivalry against Edenglen High, our 1st team proved they can handle the pressure, securing the title for EHS.

Springs Boys Derby: A tough day of "muscle" where our U15 and U16 boys rose to the challenge to claim victories.

Queens High School: Despite weather interruptions, the U15s secured a win, while the 1st team narrowly missed out.

South Coast Tour: The 1st team spent the holidays in Durban, competing against elite opponents to sharpen their skills for the upcoming league.

Netball: Queens of the Court

Our netballers continue to dominate.

At the Open Day festival, featuring 32 schools, EHS placed an impressive 5th overall, with the 1st team beating St Andrews 27–23.

Camp Discovery Success: Seven teams travelled for final pre-season preparations, returning with a haul of medals. Gold Medallists: U16A, U17A, and 1st Team. U14A: 4th place. U15B: 8th place.

GSS Trials: Congratulations to Samia Fridi, Zahra Fridi, Kelbogile Ngaka (U14), Keona Berardelli (U17), and Bontle Mokwena (U18) on their selection!

Hockey: High Intensity

It has been happening at a "pace of knots" for our hockey stars. The boys have already completed five league fixtures, while the girls have dominated their friendly matches.

Boys' highlights: A clean sweep against H/S Hugonote and a stellar showing against H/S Marais Viljoen where the U14s fought back from 2 goals down to end with a draw.

Girls' highlights: Convincing wins over St Andrews (2–0), Ashton International, and Waterstone College.

Steyn City Festival: Both 1st teams improved their rankings from last year, with the Boys finishing 6th and Girls 8th.

NWU Pukke Tour: Six teams visited Potchefstroom for intensive coaching; the improvement in their play is already visible!

Tennis, Chess & Culture

We aren't just stars on the field; EHS excelled across all disciplines during the Sutherland Derby.

Tennis: Both Boys' and Girls' teams defeated Sutherland 8–4.

Chess: The Seniors secured their status as "Kings of the Board" with a victory over Sutherland.

Debating: EHS placed 3rd out of 19 teams in the Model UN competition. Huge congratulations to our debaters for qualifying for the SACEE Provincial Championships!





**The school accepts outside advertisements. We are unable to take responsibility for the nature of the services offered.

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