

EDENVALE HIGH SCHOOL

FROM GOOD TO GREAT

Issue No. $4 \sim 11 \, \text{March} \, 2024$

NEWSLETTER

THE NEED FOR A SOCIAL MEDIA CLEANSE

Being on social media is inevitable in today's age; in fact if you are without an Instagram or Tik Tok account you are said to be living under a rock.

However, in saying so, the effects of social media on one's mental and physical health are detrimental. A social media cleanse involves you social distancing yourself from any social media platform.

What can you expect when you choose to social media detox?

YOU WILL GAIN MORE TIME

On average a person spends nearly 2 hours a day on social media. Just think now you utilize those 2 hours on something which will be more productive.

YOU WILL RECONNECT MORE MEANINGFULLY WITH PEOPLE

It seems odd to say so as most people have hundreds of friends on Facebook. Yet what actual value do they contribute to your life? Face to face communication is vital to ensure that relationships grow and last.

YOU WILL APPRECIATE THE SPECIAL MOMENTS

Instead of obsessing over other people's lives – you can go back to when you cherished special moments, and lived in the moment experiencing it fully rather than having the need to capture and post each event.

YOUR ANXIETY WILL BE REDUCED

People use social media to prove how successful, pretty or confident they are. This creates the need for views and likes which leads to unnecessary anxiety. Taking a step back from social media will break this toxic cycle.

Social media dependency is rife in our society and the thought of a social media cleanse may be daunting. However, it is definitely worth the try, after all the pursuit for happiness is yours to achieve.

MRS K BOGGENPOEL HOD (CAT AND IT)

IMPORTANT DATES

Tuesday 12 March:

Interhouse cross country 14:10

Friday 15 March:

Open Day 16:00 - 18:30

Wednesday 20 March:

Mathematics / Mathematical Literacy assessment Grade 8 – 12. This is a compulsory assessment. If a learner is absent, he or she needs to produce a doctor's letter; otherwise zero will be given.

Wednesday 20 March: Reports will be sent via email.

Wednesday 3 April:

Term 2 begins

Tuesday 9 April:

Parent's evening Gr 8 – 12: 16:00 – 18:45. This is an opportunity for parents to meet their child's teacher for a brief interaction (max 5 minutes). Please do not arrive after 18:45. Please be considerate of the staff's time as they would also like to get home to their families at a reasonable hour.











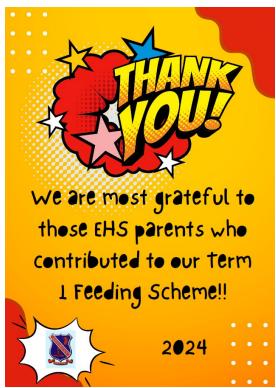




ATTENTION PARENTS

One of the school's projects is to feed the sterilised feral cats that live on the school property. We would appreciate any donations of tinned or dry food. Donations may be handed in at the front office. All contributions are gratefully accepted.







SPORTS/CULTURAL RESULTS

Senior Debating Results:

The A team won all their debates and made it through to the Provincial Champs.

The B team won two out of three debates.

Gr. 8 Public Speaking:

The A team received an A symbol and was placed first out of 7 teams. The B team received a C+ symbol

Netball:

Friendly vs St Andrews:

U14 A won 14 - 2 U15 A won 11 - 6 U16 A lost 2 - 4 U17 A won 22 - 3 1sts won 33 - 11



U14s:

vs Hugenote won 4 - 3 vs H/ Randburg lost 4 - 8 vs Midstream College won 13 - 11 vs H/ Alberton won 14 - 1 vs St Peter's won 10 - 7 vs Crawford Lonehill won 12 - 8

U15s:

vs Pretoria West won 19 - 7 vs H/ Hugenote won 10 - 3 vs Crawford Lonehill won 20 - 5 vs Krugersdorp won 15 - 7 vs Midstream College won 7 - 4

U16s:

vs Amazing Grace won 20 - 2 vs H/ Alberton won 10 - 7 vs Midstream College lost 5 - 16 vs Crawford Ruimsig won 15 - 6 vs Curro Krugersdorp won 22 - 0



U17s:

vs Waterstone College won 19 - 4 vs H/ Hugenote won 18 - 8 vs St Peter's won 10 - 6 vs Potch Girls 1st team won 16 - 13 vs H/ Randburg lost 15 - 20 vs Krugersdorp won 18 - 11

1sts:

vs Greenside won 33 - 5 vs Waterstone College won 28 - 14 vs Potch Girls won 31 - 16 vs H/ Randburg won 35 - 11









Swimming:

Congratulations to the following learners who swam at Prestige and especially Mikayla Pon for receiving a bronze medal.

	Vada.	. D
Ŏ	Kadei	n Rennie

8 Jared Wade

6 Chanel D'arcy

Mikayla Pon

Aimee Blackler

🎖 Jessica Law

8 Kyle North

Taxton Correia

Clarissa Hughes

8 Amanda Lee

Tingyyn Gao

Reserves:

8 Abigayle Grant

Hayleigh Klopper

6 Gareth Cummings





Rugby:

vs Potch Boys

U14 won

U15 won

U16 won XV won 24 - 19

vs St Dunstans:

U16 won 56 - 0

XV won 38 - 5







Hockey:

Friendly vs H Kempton: Derby vs Potch Boys

Girls: Boys: U14 lost 0 - 10 U14 w

 U14 lost 0 - 10
 U14 won 46 - 0

 U15 lost 0 - 13
 U15 won 12 - 0

 U16 lost 0 - 7
 U16 lost 0 - 3

 1sts lost 0 - 5
 1sts won 24 - 19

Boys: vs St Benedict's:

U14 lost 0 - 4 U15 lost 0 - 5 U14 lost 0 - 10 U16 lost 0 - 9 U15 drew 1 - 1

1sts won 2 - 0







Congratulations to Madison in Grade 8 and Gabriella in Grade 10 who placed third out of over 200 learners in the Tour De Maths quiz on 29 February at St Theresa's School.



ACCOLADES

GRADE 8 2023 – 60 ACCOLADES GRADE 8 2023 – 100 ACCOLADES GRADE 9 2023 – 60 ACCOLADES

Christian Chinyanga 8A Liam Botha 8A Joshua Langley 9F

Gabriella Goncalves 8A Christian Chinyanga 8A Oliver-Connor Walter 9F

Ashton Ninaber 8A Nicola Du Preez 8A Steffi Coetzer 9G

Malaika Ogle 8A Ruth Langley 8A Laudez Poonsamy 9G

Gianluca Balsari 8B Ashton Ninaber 8A Daniel Schwarz 9G

Morgana De Vivo 8B Yohannes Ayana 8B Kaylin Piek 9H

Tshegofatso Mantloana 8B Morgana De Vivo 8B Cole Krishnan 9I

Jeremiah Naidoo 8B Abigayle Grant 8H Chloe Orange 9J

Khensile Rivombo 8B Emmanuel Nwude 8H

Lucian Halahan 8C Kreshay Ramjith 8H GRADE 9 2023- 100 ACCOLADES

Sara Lazarus 8C Gabrielle Greaves 8I Tatiana Albano 9A

Eden Wainwright 8C Mikhail Reddy 9A

Kitana Deen 8D <u>GRADE 9 2023 – 60 ACCOLADES</u> Bianca Risi 9A

Keabetswe Matotoka 8E Keelan Jurgens 9A Kendra Visser 9A

Daniela Alves 8F Onamandla Jwaqa 9A Chane Charles 9B

Abigayle Grant 8H Keoratile Mokolobotlo 9A Kay-Leigh Govender 9B

Naomi Jordan 8H Ethan Payne 9A Isabel Boggenpoel 9C

Emmanuel Nwude 8H Mariama Diallo 9B Jared Naidoo 9C

Kreshay Ramjith 8H Zoe Dube 9B Tshegofatso Ngobene 9C

Tareen Vallabh 8H Eliska Manickum 9B Sienna Singh 9C

Gabrielle Greaves 81 Emilio Rasoloniaina 9B Munzhedzi Ndou 9D

Sarah Hewitt 8I Aiden Rootman 9B Rayne Othenin-Girard 9E

Makyla Krishnan 8I Musongaka Sithole 9B Cameron Jacobsen 9F

Matthew Love 8I Theodore Betci 9C Jayden Nair 9F

Lubelihle Ngwenya 8I Noel Bryant 9D Chelsea Frere 9I

Gregory Williamson 81 Calista Rose Panaino 9D Makuachukwu Olisaekee 9I

Tyla David 8J Kerry Barnard 9E Lethabo Selibi 9I

Oarabile Molekwa 8J Luciano De Nobrega 9E Martha Ukpong 9I

Tristan Van Vuuren 8J Jiya Thekkumpurath 9E

Cameron Jacobsen 9F

GRADE 10 2023 - 60 ACCOLADES GRADE 10 2023 - 100 ACCOLADES GRADE 11 2023 - 60 ACCOLADES Travis Longhurst 10A Amanda Lee 10D Mohau Diale 11J **Alexander Metodiev 10A** Latavia Mahabeer 10D Joshua Moriarty 11J Lebone Pootona 10A Nokubonga Mpofu 10D **Gareth Cumming 10B** Daniella Atkins 10E **GRADE 11 2023 - 100 ACCOLADES** Wesley Dibia 10B Fave Hopgood 10E Shaakhira Jeewa 11A Clarissa Hughes 10B Iviwe Mnyamana 10E Gavin Leshaba 11A Thapelo Mocheko 10C Tatum De Oliveira 10F Angelo Vaglietti 11A Yoshan Rajagopaul 10C Caitlin Kerr 10F Nickson He 11C Jemma Sylvester 10C Mamosadithebe Ramasike 10F Shayur Raghubar 11C Hannah Lategan 10D Mathuma Napo 10H Sarah Scott 11C Nathan Tait 10D Caitlin Wainwright 10J Jonathan Gatter 11D Siyamthanda Mthembu 10E Erin Browski 11D Emihle Qina 10E GRADE 11 2023 - 60 ACCOLADES Glory Mpoyi 11D Riley Baigent 10F Lillia Capel 11A **Damian Nel 11D** Caitlin Kerr 10F Thomas Hyslop 11A Aiden Ninaber 11D Katleho Marate 10F Cathryn Davis 11B Claudia Scolaro 11D Charmaine Nyathi 10F Keanu De Jesus 11B Jessica Thysse 11D Lucio Ryan 10F Yushan Padiachey 11B Leah Bosch 11E Lesedi Zulu 10F Megan White 11B Mackenzie Herbst 11E Skyla Okafor 10G Serena Joseph 11C Jessica Law 11E Anashe Phiri 10G Jett Matthews 11C Jana Erasmus 11F Noluvo Mjuluki 10H Sanjay Prasanna 11C Kelly Maddocks 11F Uyanda Ngcobozi 10I Sarah Scott 11C **Knox Peetham 11F** Dre Da Costa 11D Ricardo Chainho 11G **GRADE 10 2023 - 100 ACCOLADES** Edgar Matthysen 11D **Charity Dube 11G** Isabella Joao 10A Anethemba Mbawuli 11D Nikita Lincoln 11H Jemma Smit 10A Claudia Scolaro 11D Tatyana Moreira 11H Woong Her 10B Jessica Thysse 11D Kealyn-Clay Burger 111 Boitshepo Mojapele 10B Allison Jahnke 11E **Troye Kirkland 11I** Monghezi Sifuba 10B **Gracey Tait 11E** Alicia Jacobs 11I Rivaldo Janki 10C Sohan Harilal 11F Jordan Richards 11J Hannah Le Grange 10C Keira Symes 11F Allison Visser 11J

Cassandra Fradd 11G

Farzana Khan 11I

Ryan May 11I

Mary Hambardzumyan 111

Kuw-Kawel Rumang 11

Alessia Pecci 10C

Mikayla Pon 10C

Shelley Wilson 10C

Kiara Arntzen 10D

Kaylese Goncalves 10D





**The school accepts outside advertisements. We are unable to take responsibility for the nature of the services offered.

ORTHODONTIST

Dr Lionel Milstein
BDS MScDENT ORTHODONTICS (WITS)

Adult and Adolescent Braces
Porcelain / Clear Braces available
Discovery Medical Aid rates charged.

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- Maths Core offered for Grades 8,9,10,11 & 12
- Cost: R350 for 2 hours
- Lessons on Saturdays and Sundays
- Qualifications: BA (Honours), UHDE (University Higher Diploma in Education)
- Over 20 years experience
- Sue: 074 1802097 / sue@confidentteens.co..za







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FILIPA ARAUJO

PSYCHOMETRIST

HPCSA Reg: PMT0100846 Practice number: 1145495

Services

- Subject Choice & Career Guidance
- Cognitive-Scholastic Assessments
- **Concessions Assessments**

Contact

0723669409

faraujo.psychometrist@gmail.com

6 Park Street Bedfordview, 2007

C ← **I Off The Press**

#Elections #PropertyMarket

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The real estate agents™

Elections will affect market

VIVIAN WARRY

LAST year was a challenging year for South Africa's property market grappling with inflation and interest rate hikes. Now, experts foresee a transformative year ahead, with significant opportuni-ties but also challenges on the horizon. As South Africa to see for an election

ies but also challenges on the horizon. As South Africa braces for an election year, market fluctuations may be inevitable, they warn.
However, easing inflation and potential interest rate drops present opportunities for those with a longer-term perspective.
Tony Clarke, MD of the Rawson Property Group, says there is a glimmer of hope for the market with the stabilisation of inflation, locally and globally. This presents a key turning point, he says.
Clarke anticipates a slow decline in interest rates from the middle of the year, sparking a resurgence in buyer con-

interest rates from the middle of the year, sparking a resugence in buyer confidence and a surge of pent-up demand, particularly among first-time buyers.

"While excalating interest rates hindered property demand in 2023, stabilisation will relignite the market, especially for those sensitive to interest rate fluctuations," he says.

The lure of excellent value, a consequence of sluggish house price growth, is not lost on international investors. This is expected to boost demand in luxury markets.

However, Clarke advises caution, noting potential slumps in luxury segments as investors await election outcomes. Yet, positive election results could trigger a



AN ELECTION can have either a good or bad impact on property. I TOWFIQU BARBHUIYA Unsplash

wave of optimism, positively influencing the strength of the rand, attracting local and foreign investors.

The impact of elections might extend beyond market dynamics.

Clarke says elections could influence semigration trends, with possible shifts in coastal region demand, depending on election outcomes.

SA Home Loans CEO Rob Kelso says the interest rate cycle has been the dom-

the interest rate cycle has been the dom-inant factor with the most significant

cumulative tightening cycle in more than a decade and the most rapid rise in interest rates in more than two decades. In spite of the elections, load shedding and geopolitical factors, the economic signals for the year (and even more so next year) are increasingly positive. "Notably, the consumer price index has moderated, and interest rates have likely peaked, and the consensus is for a round of steady, moderate rate cuts from mid-year," says Kelso.

This will provide relief for consumers, with improved affordability and increasing confidence to access credit.

Herschel Jawitz, the CEO of Jawitz Properties, echoes a note of cautious optimism for this year. He acknowledges the prevalent uncertainty, given that it is an election wear. but more stakeholders. an election year, but urges stakeholders to look beyond the noise.

to look beyond the noise.
Javitz emphasises several factors contributing to the positive outlook.
Notably, inflation is on a downward trajectory, and interest rates are
expected to follow suit, potentially easing
the financial burden on homeowners
and buyers.

the financial burden on homeowners and buyers. Banks, despite economic sluggishness, are actively lending, offering competitive rates and steady approval processes. In the mid-market price range, where demand remains steady, Javitz observes that sentiment, rather than interest rates, drives properly purchases.

drives property purchases.
First-time buyers continue to play a significant role, constituting 48% of all

significant role, constituting 48% of all mortgage applications, showing resilence in the market.

Jawitz advises against trying to time the market, emphasising the current buyer's advantage. In a buyer's market, sellers need to align their prices with market realities. He notes that sellers, while facing potential price adjustments, also have opportunities to make strategic purchases in the same market.

Jawitz anticipates that even with potential interest rate reductions this year, the rental market will remain strong, offering improved yields for buyto-let investors.



www.jawitz.co.za

