



EDENVALE HIGH SCHOOL

Issue No. 14 ~ 11 September

NEWSLETTER

The Pause Between the Goals

As we approach our upcoming short holiday, I would like to encourage our learners to do something that we do not always give ourselves permission to do: pause.

As a school community, we place a great deal of emphasis on achievement, growth and setting goals — and rightly so. We encourage our learners to work hard, challenge themselves and always strive to become the best version of themselves. However, there is something equally important that we sometimes forget: taking the time to appreciate how far we have already come.

So often, we achieve one goal and immediately begin chasing the next. We receive a good mark, and our attention turns to the next assessment. We accomplish something we have worked hard for, and before we have even had a chance to celebrate it, we are already asking ourselves, “What’s next?” There is nothing wrong with ambition. In fact, ambition is something we should nurture. However, life should not simply be a constant race from one achievement to the next. Our successes deserve to be celebrated and enjoyed too.

This short holiday provides an opportunity to step away from the busy pace of school and simply be present. Get some rest. Spend time with your family. Catch up with friends. Laugh, explore, play, watch a movie, enjoy a meal together or do something that makes you happy. Put the books down for a little while and allow yourself to recharge. Rest is not laziness, and taking time for fun is not wasted time. Rest gives us the opportunity to recover, reflect and return with renewed energy. Sometimes, the most productive thing we can do is to stop for a moment and appreciate the journey we are already on.

To our learners: take this holiday to celebrate the small victories, the big achievements and the progress you may not even realize you have made. Be proud of yourself. Enjoy the people around you. Make memories.

When we return, there will be new goals to set, new challenges to face and new opportunities to grow — but let us not be so focused on where we are going that we forget to appreciate where we are. Rest. Reflect. Celebrate. Reconnect.

Then, when the time comes, we can return ready to take on the next challenge — refreshed, grateful and ready for whatever lies ahead.

Wishing all our learners and their families a safe, restful and joyful holiday.

Mr E Bye
Deputy Principal



Important DATES!

Wednesday 16 September – Junior Quiz 18:00

Thursday 17 September – Senior Quiz 18:00

Monday 21 September – Colours assembly 18:00. **NB note date change.**

Wednesday 23 September – Afrikaans Paper 3 final exam Grade 10 – 11

Wednesday 23 September – Afrikaans Test Grade 8 – 9

Note that if a learner is absent for assessments, a doctor's note must be produced - otherwise zero will be given.

Tuesday 6 October – Term 4 begins

Thursday 15 October – Saturday 17 October School Revue

HELP US TURN BOTTLE TOPS INTO WHEELCHAIRS!

OUR SCHOOL IS COLLECTING
PLASTIC BOTTLE TOPS
IN SUPPORT OF
TOPS AND TAGS

All proceeds go toward
providing **WHEELCHAIRS**
FOR THOSE IN NEED.

HOW TO HELP:

- Drop them off at the **FRONT OFFICE**, or
- Hand them to **MRS SWANEPOEL IN A1-12.**



**Every lid counts – let's make
a difference together!**



ATTENTION PARENTS

One of the school's projects is to feed the sterilised feral cats that live on the school property. We would appreciate any donations of tinned or dry food.

Donations may be handed in at the front office. All contributions are gratefully accepted.



The Blues Bulletin

Despite the demands of block tests, Edenvale High School athletes delivered a thrilling week of competition across soccer, tennis, cricket, and athletics.

Boys Soccer: The boys soccer sides entered the playoff rounds with high energy. While all teams faced tough opposition and bowed out in the opening round, their grit throughout the tournament deserves immense praise.

Girls Soccer: The girls soccer teams navigated a packed fixture list, producing a strong mix of victories and individual standout performances.

U15 A: Secured a dominant 5-2 win over Pinnacle Founders (Attacker: Gabi Jacinto, Defender: Madison Labuschagne, Player of the Match: KG Risiba). They defeated Parktown Girls B 5-0 (Attacker: Gabi Jacinto, Defender: Benita Masache, Player of the Match: Kaylee Coetzer), and claimed a 4-0 victory against King David.

U15 B: Defeated King David B 2-1 (Attacker: Gemma Mattarelli, Defender: Delinda Kriel, Player of the Match: Bophelo) and powered past Maranatha with a 7-0 victory (Attacker: Gemma Mattarelli, Defender: Bokang Julius, Player of the Match: Nkazi Khumalo).

U17: Dropped a narrow 4-5 clash against Pinnacle Founders (Attacker: Kunashe Mutesva, Defender: Nokwanda Ngubane, Player of the Match: Abgail Vela) before rebounding with a ruthless 6-0 win over Parktown Girls (Attacker: Kunashe Mutesva, Defender: Thando Hlatswayo, Player of the Match: Nokwanda Ngubane).

1st Team: Fought hard across several fixtures, falling 2-4 to Jeppe Girls (Attacker: Kelly Khoury, Defender: Alexa Pinto, Player of the Match: Refilwe Mokoena), 0-2 to Waverley High, and 2-4 to Kensington Secondary. They earned a 2-2 draw against Kings School (Attacker: Shiloh Vos, Defender: Talia Wearne, Player of the Match: Tannah Tyder).

Tennis: The mixed tennis league continued on Friday, 21 August, against Hoërskool Volkskool:

A-Team: Won 39-17

B-Team: Lost 26-30

C-Team: Won 37-19

Cricket: Summer cricket kicked off with a dominant performance from the girls and U15 boys.

Girls Cricket: Maintained an undefeated streak by beating Hoërskool Dinamika by 43 runs and cruising past Curro Serengeti by 9 wickets.

U15 Boys: Delivered a crushing 104-run victory away against Hoërskool Elspark.

1st Team Boys: Dropped their opener against School of Achievement before ending in a bad-light draw against Hoërskool Alberton.

Athletics: Edenvale athletes impressed on the track and field, taking 4th place overall at the annual Inter-High meeting. At the Prestige Athletics meeting, the team brought home 3 gold, 1 silver, and 4 bronze medals, highlighted by Jaiden Daya being named Best Senior Sprinter of the Year.

Congratulations to all our sports stars and cultural participants for representing Edenvale High School with pride!





****The school accepts outside advertisements. We are unable to take responsibility for the nature of the services offered.**



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REGISTER NOW

Nic Bibis: nbibis@edenvalehigh.co.za
Rheino Stoltz: rstoltz@edenvalehigh.co.za





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